

Dr. V. DURAISAMI

Professor & Head,

Department of Yoga,

Tamil Nadu Physical Education and Sports University,

Chennai – 600 127.

Tamil Nadu

India.

CERTIFICATE BY THE SUPERVISOR

This is to certify that the Dissertation entitled **“IMPACT OF ASTANGA YOGA AND KAYAKALPA PRACTICES ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG MALE GERIATRIC PEOPLE”** is a bonafide record of research work done by **Mr. C. MOORTHY**, Ph.D. Research Scholar, Department of Yoga, Tamil Nadu Physical Education and Sports University, Chennai. Under my guidance for the award of Degree of Doctor of Philosophy and that, this Dissertation has not previously formed the basis for the award of any degree, diploma, associate ship, fellowship or any other similar title to the candidate.

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Dr. V. DURAISAMI

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