

EFFICACY OF INDIVIDUALIZED PHYSICAL ACTIVITY PROGRAMME AND YOGIC PRACTICES ON SELECTED GROSS MOTOR SKILLS AMONG CHILDREN WITH ATTENTION DEFICIT HYPER ACTIVITY DISORDER

**Thesis Submitted to the Tamil Nadu Physical Education and Sports University,
Chennai through Y.M.C.A College of Physical Education, Chennai
for the fulfillment of the requirements
for the award of Degree of**

**DOCTOR OF PHILOSOPHY
IN
PHYSICAL EDUCATION**

Submitted by

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