

**Mrs. P. MATHIARASI,**  
Director of Physical Education,  
T.D.M.N.S College,  
T.Kallikulam,  
Tamilnadu  
India.

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## **DECLARATION**

I hereby declare that the thesis entitled “**EFFECT OF SPECIFIC SKILL TRAINING PACKAGE WITH AND WITHOUT COMPUTER ASSISTED TRAINING ON SELECTED PHYSICAL FITNESS AND PERFORMANCE VARIABLE AMONG COLLEGE WOMEN KABADDI PLAYERS**” submitted to Tamil Nadu Physical Education and Sports University, Chennai for the award of the Degree of Doctor of Philosophy is a record of original research work done by me under the supervision and guidance of **Dr. J. SATHIAH** Director of physical education,[Rtd] Madurai kamaraj university, Madurai and that it has not formed the basis for the award of any Degree, Diploma, Associate- ship, Fellowship or other similar title to any candidate of any University.

Place: Madurai

Date: /02/2017

**P. MATHIARASI**

**Research Scholar**