

## ACKNOWLEDGEMENT

I express my sincere gratitude to the **Vice Chancellor**, Tamil Nadu Physical Education and Sports University Chennai, for the continuous support and encouragement in the successful completion of this research work.

I would like to express my thanks to **The Registrar**, Tamil Nadu Physical Education and Sports University Chennai, for the kind support throughout the research work.

I place my sincere thanks to the **Controller of Examinations**, Tamil Nadu Physical Education and Sports University Chennai, for the continuous encouragement to complete my research work.

I place my sincere thanks to the **Research Co-Ordinator**, Tamil Nadu Physical Education and Sports University Chennai, for the valuable guidance and constant encouragement throughout this research work.

I would like to sincerely thank my research guide **Dr. V. Ramesh Kumar**, Associate Professor, Department of Sports Management and Sports Psychology & Sociology, Tamil Nadu Physical Education and Sports University, Chennai, for the support and advise to carry out and complete this research. Throughout this long journey he has been encouraging and motivating me. His concrete suggestions and valuable guidance throughout the research work made me to achieve this impeccable task of completing my research, I am highly indebted to him.

I would like to thank the doctoral committee members **Dr. Joseph Jeya Anand Selvaraj, Dr. G. Nallavan, Dr. V. Mangaiyarkarasi**, for their valuable time, guidance, advice and support for conducting this research in right direction and flawless.

I express my sincere thanks to **Dr. V. Mangaiyarkarasi**, Professor and Head, Department of Sports Management and Sports Psychology & Sociology, Tamil Nadu Physical Education and Sports University Chennai, for the unstinted support and constant encouragement and valuable suggestions throughout this research work.

I would like to express my sincere gratitude to **Dr. S. Prem Kumar**, Professor, Department of Sports Management and Sports Psychology & Sociology, Tamil Nadu Physical Education and Sports University Chennai, for his continuous and constant encouragement and valuable suggestions to complete my research work.

I am very grateful to **Dr. J. Anitha**, Associate Professor, Tamil Nadu Physical Education and Sports University Chennai, for her continuous and constant encouragement and valuable suggestions to complete my research work.

I wish to express my sincere thanks to **Dr. N. Ashok Kumar**, Librarian and other associated library staff, Tamil Nadu Physical Education and Sports University Chennai, for their continuous and constant encouragement and valuable suggestions.

I record my thanks to **Dr Shahin Ahmed**, Professor, **Dr. K. Kannadasan**, Associate Professor, Department of Sports Management and Sports Psychology & Sociology, Tamil Nadu Physical Education and Sports University Chennai, for their unstinted support and constant encouragement and valuable suggestions.

I am grateful to my Father **Mr. Paisho Zimik** and my Mother **Mrs. Lucky Zimik** for their blessings, moral support and continuous motivation at every state of my research work. Also, I express my thanks to my Brother **Mr. Reuben Zimik** and his wife **Mrs. Worthingla Zimik**, **Mr. Thompson Zimik** and his wife **Mrs. Wonreiphy Zimik**, **Mr. Phungreiyo Zimik** and his wife **Mrs. Rinmi Zimik**, **Mr. Thangmeiso Zimik** and his wife **Mrs. Shimshim Zimik**, **Mr. Tamthing Zimik**, **Mr. Thotsem Zimik** and his wife **Mrs. Naowon Zimik**, and my Sister **Mrs. Pphemthar Phungthar** and her husband **Mr. Royalson Phungthar**, for their blessings, moral support and continuous motivation at every state of my research work.

I would like to express my thanks to **Miss. Reinim Raikhan** for her moral support, constant encouragement and continuous motivation at every state of my research work.

I would like to express my sincere gratitude to all the **Teaching Staff** of Department of Sports Management and Sports Psychology & Sociology, Tamil Nadu Physical Education and Sports University Chennai, for his continuous and constant encouragement and valuable suggestions to complete my research work.

I am very grateful to **Miss. Deiphbari Lyngdoh**, and all my **Fellow Research Scholars**, Tamil Nadu Physical Education and Sports University Chennai for their continuous and constant encouragement and valuable suggestions to complete my research work.

I wish to thank all the teaching and administrative staff of Tamil Nadu Physical Education and Sports University for their ever-loving support.

My heartfelt thanks to all **my respondents** who have been the center point of my research work for having given their responses to me at time.

Above all, I thank to Almighty God, His guidance, wisdom, and strength have been my constant support throughout this journey. Without His grace, this research work would not have been possible. Through every challenge, He provided me with resilience, patience, and perseverance, reminding me that with faith, all things are achievable.

In all my future endeavors, may I continue to rely on His guidance and strive to make the best use of the opportunities He has provided.

**Ninglum Zimik**