

VADIVELAN SUNDARAMURTHY

**Part Time Research Scholar,
Department of Exercise Physiology & Biomechanics
Tamil Nadu Physical Education and Sports University,
Chennai – 600 127.**

DECLARATION BY THE SCHOLAR

I **VADIVELAN SUNDARAMURTHY, (A1901EPPW176)** Part Time Research Scholar hereby declare that the dissertation entitled **“EFFECT OF VARIED INTENSITIES AND FREQUENCIES OF COMBINED FUNCTIONAL STRENGTH TRAINING, CORE TRAINING AND NONBALLISTIC ACTIVE KNEE EXTENSION IN NEURAL SLUMP POSITION ON SELECTED PHYSICAL AND PHYSIOLOGICAL VARIABLES AMONG MEN FOOTBALL PLAYERS”** submitted to Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai for the award of Doctor of Philosophy in Exercise Physiology and Nutrition is my original work and it has not previously formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar titles to any candidate of any university.

Place: Chennai

(VADIVELAN SUNDARAMURTHY)

Date :