

**EFFICACY OF AEROBIC EXERCISE WITH FUNCTIONAL STRENGTH TRAINING
AND DIETARY SUPPLEMENTATION ON SELECTED BODY COMPOSITION
BIOCHEMICAL AND HORMONAL PROFILE AMONG
MEN WITH LOW BONE MINERAL DENSITY**

Dissertation submitted to Tamil Nadu Physical Education and Sports
University, Chennai, for the fulfillment of the requirements
for the award of degree of

DOCTOR OF PHILOSOPHY

IN

EXERCISE PHYSIOLOGY AND NUTRITION

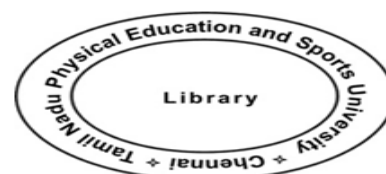
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