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This is to certify that the dissertation entitled “**EFFECTS OF NEUROMOTOR FACILITATORY TRAINING ON DETERMINANTS OF ATHLETIC PERFORMANCE IN YOUNG ADULTS**” is a record of research work done by SANJAY EAPEN SAMUEL, part time scholar of Doctor of Philosophy, in the Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai during the year 2009 – 2013.

This dissertation is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associateship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by us.



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