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**DECLARATION BY THE RESEARCH SCHOLAR**

I, **E. JAYASETTIASEELON**, research scholar of Doctor of Philosophy, in Yoga hereby declare that the dissertation entitled **“EFFECT OF ASANA AND PRANAYAMA YOGIC PRACTICES ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF HYPERTENSIVE PATIENTS”** submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Yoga is my original work and it has not previously formed the basis for the award of any degree, diploma associateship, fellowship or any other similar titles to any candidate of any University.

Station: Chennai

**(E. JAYASETTIASEELON)**

Date: