

Dr. R.ELANGOVAN,

Professor and Head,

Department of the Yoga,

Tamil Nadu Physical Education and Sports University,

Chennai - 600 127

CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation “**EFFECTS OF TRADITIONAL YOGA AND TIBETIAN YOGA ON SELECTED PHYSIOLOGICAL BIO-CHEMICAL AND PSYCHOLOGICAL VARIABLES AMONG DIABETIC WOMEN**” is a record of research work done by **G.RAMAKRISHNAN**, scholar of Doctor of Philosophy, in the Department of Yoga, Tamil Nadu Physical Education and Sports University, Chennai during the year 2013-2016.

This dissertation is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship, or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by me.

Station: Chennai

Dr.R.ELANGOVAN

Date:

Supervisor