

**EFFECTS OF TRADITIONAL YOGA AND TIBETIAN YOGA ON
SELECTED PHYSIOLOGICAL BIO-CHEMICAL AND
PSYCHOLOGICAL VARIABLES AMONG
DIABETIC WOMEN**

**Dissertation submitted to the Tamil Nadu Physical Education and Sports University
Chennai for the partial fulfillment of the requirements for the Degree of**

DOCTOR OF PHILOSOPHY

**IN
YOGA**

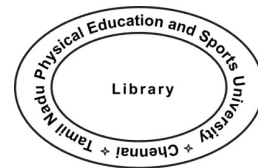
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