

Dr. R. ELANGO VAN

Professor and Head

Department of Yoga

Tamil Nadu Physical Education and Sports University

Chennai – 600 127

CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled “ **EFFECT OF VARIED YOGIC PRACTICES ON SELECTED PHYSIOLOGICAL HEMATOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG WOMEN PATIENTS OF HYPOTHYROIDISM**” is a record of research work done by **V. SUBBULAKSHMI**, a full time scholar of Doctor of Philosophy in Department of Yoga, Tamil Nadu Physical Education and Sports University, Chennai during the year 2011 – 2014.

This dissertation is her original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associateship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by me.

Dr. R. ELANGO VAN

Station: Chennai

Supervisor

Date :