

EFFECT OF VARIED YOGIC PRACTICES ON SELECTED PHYSIOLOGICAL HEMATOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG WOMEN PATIENTS OF HYPOTHYROIDISM

Dissertation Submitted to the Tamil Nadu Physical Education
and Sports University for the fulfillment of the
requirements for the award of Degree of

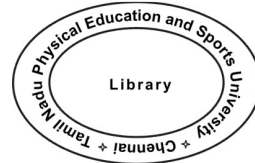
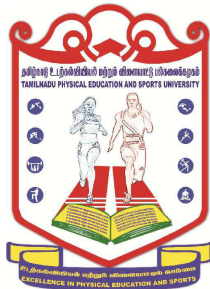
DOCTOR OF PHILOSOPHY IN YOGA

Submitted by

**V. SUBBULAKSHMI
(Reg. No: 277)**

Guided by

Dr. R. ELANGO VAN



**DEPARTMENT OF YOGA
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI - 600 127**

August 2014