

Dr. A.M. MOORTHY
Principal,
Koviloor Andavar College of
Physical Education & Sports Science
Koviloor.

CERTIFICATE

This is to certify that the thesis entitled “**EFFECT OF ISOLATED AND COMBINED TRAINING OF AEROBIC AND PRANAYAMA PRACTICE ON SELECTED HEALTH RELATED PHYSICAL FITNESS, RESPIRATORY AND BIO-CHEMICAL VARIABLES OF ASTHMATIC PERSONS**” is a record of research work done by **K. THAMILSELVAN** a part time scholar of **Doctor of Philosophy**, in the Department of Yoga in Tamil Nadu Physical Education and Sports University, Chennai.

This Thesis in his original work and it has not previously formed the basis for the award to any candidate, for any Degree, Diploma, Associateship, Fellowship or other similar titles.

This thesis represents, entirely an independent work on the part of the candidate but for the general guidance by me.

Place :

(Dr. A.M. MOORTHY)
SUPERVISOR

Date :