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CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled “**EFFECT OF FLOOR AEROBIC EXERCISES WITH AND WITHOUT LOW GLYCEMIC DIET ON PHYSICAL PHYSIOLOGICAL BIOCHEMICAL AND HEMATOLOGICAL VARIABLES AMONG MALE TYPE II DIABETIC MELLITUS**” is a record of research work done by **G. SONA SANTHAKUMARI**, a scholar of Doctor of Philosophy in Exercise Physiology and Nutrition, Tamil Nadu Physical Education and Sports University, Chennai during the year 2017- 2019. This dissertation is her original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associateship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by me.

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