

## **DECLARATION BY THE SCHOLAR**

I, V. VIJAY., full time scholar of Doctor of Philosophy, in the Department of Exercise Physiology and Nutrition hereby declare that the dissertation entitled **“EFFECT OF SPINNING CYCLE EXERCISE AND PROTEIN SUPPLEMENTATION ON LIPID PROFILE AND TESTOSTERONE LEVEL IN OBESE MEN SOFTWARE PROFESSIONALS”** submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Exercise Physiology and Nutrition is my original work and it has not previously formed the basis for the award of any Degree, Diploma, Associateship, Fellowship or any other similar titles to any candidate of any University.

Station: Chennai

Date:

**(V.VIJAY)**